



EAST TEXAS A&M

Curriculum Vita January 2026

Instructor: **Dr. Michael W. Smart, Ph.D., MBA – Professor**

Academic Department: Psychology and Special Education

University Address: Henderson Hall
East Texas A&M University
PO Box 3011
Commerce, TX 75429-3011

University Email Address: Michael.Smart@etamu.edu

EDUCATION

Degree: Doctor of Philosophy

Discipline: Psychology

Grand Canyon University, 2022

Degree: MBA

Discipline: Master of Business Administration

The University of Texas at Dallas, 2013

Degree: Master of Science

Discipline: Healthcare

The University of Texas at Dallas, 2012

Degree: Master of Science

Discipline: Project Management

The University of Texas at Dallas, 2011

Degree: Bachelor of Science

Discipline: Psychology

Excelsior College

TEACHING EXPERIENCE

2025 - current: Adjunct Professor of Psychology. - East Texas A&M

2023 - current: Adjunct Professor of Psychology, Business, and Education. - Collin College

2020 – current: Tutor of Psychology, Business, DECA, Social Studies, Humanities, APA writing, and Dissertations. - Wyzant

2020 – 2022: Substitute High School Teacher, - ESI

PUBLICATIONS

Dr. Michael W. Smart, Ph.D. ORCID ID: <https://orcid.org/0000-0003-3490-4430>

- Nursing Students' Prevalence and Risk Factors for Smartphone Addiction, Sleep Quality, and Daytime Sleepiness: A Cross-Sectional Design (2025)
- Correlations Between Spirituality, Anxiety, and Depression in Hemodialysis Patients in Saudi Arabia: A Cross-Sectional Study (2025)
- Success Beyond the Conditions Known to Lead to Complex Trauma: A Descriptive Study in Achieving College Attendance (2022), Dissertation