



EAST TEXAS A&M

Curriculum Vita Fall 2025

Instructor: Anabel Vega Meyer, Ph.D., LP, LSP, LBA, NCSP, BCBA
Assistant Professor

Academic Department: Psychology and Special Education

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EDUCATION

Ph.D. in Educational Psychology, School Psychology Track Aug 2022
Texas Tech University, Lubbock, TX
Dissertation - Beyond Race: Colorism and the Experiences of School Psychologists of Color

Specialist in School Psychology (S.S.P.) May 2012
Texas A&M University- Commerce, Commerce, TX (NASP-approved)

Graduate Certificate in Applied Behavior Analysis Dec 2010
University of North Texas, Denton, TX

B.S. in Applied Behavior Analysis May 2008
University of North Texas, Denton, TX

LICENSURES/CERTIFICATIONS

Licensed Psychologist- TX	Issued: 04/16/2024	No. 40035
Licensed School Psychologist- TX	Issued: 07/12/2012	No. 70198
Licensed Behavior Analyst- TX	Issued: 06/18/2018	No. 1042
Nationally Certified School Psychologist	Certified: 08/10/2012	No. 42176
Board Certified Behavior Analyst	Certified: 09/30/2012	No. 1-12-12032
Trauma-Focused Cognitive Behavioral Therapy	Certified: 05/20/2021	N/A

TEACHING & PROFESSIONAL EXPERIENCES

Assistant Professor Aug 2023- Present

Department of Psychology and Special Education, East Texas A&M University

Courses Taught:

- PSY 506: Professional School Psychology
- PSY/SPED 572: Psychological Assessment and Measurement
- PSY/SPED 573: Intellectual Assessment
- PSY 635: School-Based Interventions
- PSY /SPED 574: Principles of Psycho-Educational Assessment

- PSY 316: Abnormal Psychology
- SPED 540: Assessment and Interventions for Social Communication Impairments
- PSY 538: Ethics in Clinical Practice
- PSY 537: Advanced Therapeutic Intervention

Executive Director, Evaluation & Behavioral Health Jan 2022 – June 2023

Special Services Department, Dallas Independent School District, Dallas, TX

- Provide leadership of transformational department-wide initiatives related to improving systems to clear historical evaluation backlog, to improve systems, and to create a positive climate and culture for special services staff
- Provide leadership and oversight in developing a collaborative culture of excellence within the Special Services department
- Direct and administer the district's special services program to ensure delivery of needed services for students with special needs and to ensure compliance of policies established by Federal, State, and Local law and policy
- Lead and direct special services Child Find, evaluation, behavioral health services and programming, and districtwide services, including all related services and the Regional Day School Program for the Deaf
- Develop and lead the implementation of policies, programs, procedures, and operational guidelines related to special services and Texas Education Agency (TEA) guidelines
- Lead initiatives related to decreasing disproportionality as related to African American students identified as having an emotional disturbance and collaborated with teams related to disproportionality related to discipline and academic achievement
- Collaborate with other district departments to ensure a seamless and full continuum of supports for all students
- Oversee an annual budget including local and federal funds for assigned areas of responsibility

Crisis Team Lead/School-Based Mental Health Clinician July 2021 – Dec 2021

Licensed Specialist in School Psychology & Licensed Behavior Analyst

Mental Health Services Department, Dallas Independent School District, Dallas, TX

- Crisis Intervention
- Risk Assessments
- Group and Individual Counseling Services and Supports
- Behavior Assessment, Intervention, and Consultation
- PBIS/RTI/MTSS Support at systems, school, individual level

Doctoral Psychology Intern July 2020 - June 2021

Dallas Children's Advocacy Center, Dallas, TX

Clinical Supervisors: Elena M. Doskey, Ph.D., Katrina Cook, Ph.D., & Lisa Schuster, Ph.D.

- Provide clients and families with evidence-based therapeutic services in English and Spanish including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Co-facilitate group based Problematic Sexual Behavior- Cognitive Behavioral Therapy (PSB-CBT)
- Conduct intake assessments in English/Spanish, formulate diagnostic impressions, & develop treatment plans
- Provide Health and Behavior Assessment and Intervention (HBAI) services to children ages 0- to 18-years as part of a multidisciplinary team during clinical rotation at Children's Referral and Evaluation of At-Risk Children (REACH) Clinic
- Conduct trauma screenings to determine need for further mental health assessment and related therapy services
- Provide consultative services by presenting bi-annual Best Practices presentations to DCAC Therapy team

Licensed Specialist in School Psychology & Behavior Analyst Aug 2018 – June 2020
Psychological and Social Services Department, Dallas Independent School District, Dallas, TX

- Crisis Intervention
- Risk Assessments
- Group and Individual Counseling Services and Supports
- Behavior Assessment, Intervention, and Consultation
- PBIS/RTI/MTSS Support at systems, school, individual level

LSSP & Behavior Coordinator July 2016 – June 2018
Richardson Independent School District, Richardson, TX

- Develop and deliver professional development trainings to Mental and Behavioral Health Team, central evaluation staff, special education staff, and campus staff based on specific campus needs
- Consult with evaluation staff and behavior specialists regarding evaluation procedures, behavior supports & intervention, and legal framework.
- Serve as a resource for staff and model procedure while providing feedback
- Model a collaborative, positive, and problem-solving attitude for leads and all staff
- Support bilingual evaluation team members, mentor new bilingual diagnosticians, organize professional development for bilingual staff, develop bilingual assessment guidelines
- Collaborate and work closely with evaluation directors, SLP coordinator, and compliance coordinator to develop guidelines and trainings for campus support team members
- Problem-solve systems level needs, campus needs, and student needs

Licensed Specialist in School Psychology July 2012- June 2016
Licensed Specialist in School Psychology- Intern Aug 2011- Jun 2012
Richardson Independent School District, Richardson, TX

- Evaluate monolingual and bilingual students referred for special education services
- Provide consultation and collaboration services for teachers, administrators and other school personnel
- Provide counseling services to special education students
- Conduct functional behavioral assessments, provide behavioral consultation, and develop behavior intervention plans, positive behavior support plans, and data collection procedures
- Participate in IEP/ARD Committee meetings to assist with educational planning for students
- Support School-Wide PBIS teams, RtI teams, and Section 504 Committees
- Provide bilingual guidance and mentorship to bilingual diagnosticians and LSSPs

Special Education Counselor/Behavior Specialist Aug 2010 – Jun 2011
Royse City Independent School District, Royse City, TX

- Provide social skills training and counseling services to a variety of students with disabilities
- Collaborate and consult with administrators, LSSP, in-home/parent trainers, and teachers regarding development and implementation of behavior intervention plans (BIP) and managing behaviorally disruptive students
- Utilize direct observation methods to collect data on behaviors and to conduct functional behavioral assessments (FBA)
- Consult and provide training to administrators and teachers in Response to Intervention (RtI), data collection procedures, and behavioral interventions

Behavioral Intervention / Autism Treatment Specialist Feb 2009 – Jul 2010
Center for Children with Autism at Metrocare & Behavioral and Psychiatric Services, Dallas, TX

- Provided applied behavior analysis (ABA) therapy and behavioral therapy in naturalistic settings, educational settings, and group home/day care settings to clients

Qualified Mental Health Professional

Aug 2008 – Feb 2009

Dallas Metrocare Services- Eastside Child and Adolescent Center, Dallas, TX

- Provided psychosocial and counseling services, rehabilitative services, and behavioral therapy to a variety of children with mental illness
- Provided positive parenting and behavior management skills training for caregivers
- Provided overall service coordination, crisis intervention, and case management to clients with a variety of needs in conjunction with other members of an interdisciplinary treatment team

PUBLICATIONSRefereed:

Meyer, A.V., (2024). Strategies for early childhood educators working with students with trauma. *Early Years*, 45 (2), 14-21.

Meyer, A.V., (2024). *Bilingual evaluations: Applying knowledge of ethnic, linguistic, cultural, and socioeconomic diversity*. [Manuscript submitted for publication]. Department of Psychology and Special Education, East Texas A&M University.

Meyer, A.V., (2024). *Addressing behavior and social interaction skills*. [Manuscript submitted for publication]. Department of Psychology and Special Education, East Texas A&M University.

Hawley, P.H. & Meyer, A.V. (2024). *Ratings of light and dark complected school psychology job applicants by practicing school psychologists: The roles of perceiver characteristics*. [Unpublished manuscript]. Department of Educational Psychology, Texas Tech University.

Hawley, P.H., Meyer, A.V., & Bhusal, A. (2023). *Colorism and the School Psychologist: The role of skin tone in racialized experiences, well-being, and self-efficacy of practitioners in the workplace*. [Unpublished manuscript]. Department of Educational Psychology, Texas Tech University.

Non-Refereed:

Meyer, A.V. (2025, Winter). World Day of Social Justice. *The Texas School Psychologist*.
<https://secure.smore.com/n/4v0gx>

PROFESSIONAL PRESENTATIONSState & National Presentations

Meyer, A.V., Evans, C., & Harris, J. (2025, February). *Improving consultation and supervision outcomes with behavioral skills training* [Mini-Skills Presentation]. National Association of School Psychologists (NASP) Annual Convention, Seattle, WA, United States.

Evans, C. & Meyer, A.V. (2025, February). *Harnessing Trauma-Focused Cognitive-Behavioral Therapy for student well-being* [Mini-Skills Presentation]. National Association of School Psychologists (NASP) Annual Convention, Seattle, WA, United States.

Meyer, A.V., Evans, C., & Dawkins, R. (2024, November). *Integration of clinical behavior analysis within school-based mental health supports* [Conference session]. Texas Association of School Psychologists, Annual Conference, Allen, TX, United States.

Meyer, A.V. (2024, February). *Beyond race: Colorism and the experiences of school psychologists of color*.

[Poster Presentation]. National Association of School Psychologists Annual Convention, New Orleans, LA, United States.

Meyer, A.V., Gregory, K., Corley, S.* (2020, October 09). *DBT Distress Tolerance Skills: Applying an emotional tourniquet*. Texas Association of School Psychologists, Annual Conference. Presented online.
*Authors contributed equally.

Local Presentations/Addresses

Meyer, A.V., Gregory, K., Corley, S. (2025, March 5). *DBT Distress Tolerance Skills: Applying an emotional tourniquet*. Adapted from TASP 2020 Presentation. Graduate student symposium for East Texas A&M University School Psychology Program.

Meyer, A.V. (2023, Nov). Pick your battles. TTU Behavior and Classroom Management Professional Development, Marble Falls ISD, Marble Falls, TX. Online presentation.

Meyer, A.V. (2023, March 31). *Supporting the whole child: effective strategies for school collaboration*. Dallas Children's Advocacy Center, Dallas, TX.

Meyer, A.V. (2023, March 01). *Leading the way as school psychologists*. Graduate student symposium for Texas A&M University-Commerce School Psychology Program. Online presentation.

Meyer, A.V. (2022, August). *Special services students: collaboration to ensure success*. Invited professional development for Dallas ISD's Mental Health Services Department, Dallas, TX.

Meyer, A.V. (2022, September 07). *Supporting the whole child: effective strategies for school collaboration*. Invited workshop for caregivers at the Rees-Jones Center for Foster Care Excellence, Dallas, TX.

Meyer, A.V. (2022, May 03). *Supporting the whole child: effective strategies for school collaboration*. Invited workshop for staff at the Rees-Jones Center for Foster Care Excellence, Dallas, TX.

Meyer, A.V. (2022, April 29). *Supporting the whole child: effective strategies for school collaboration*. Dallas Children's Advocacy Center, Dallas, TX.

Meyer, A.V. (2022, January). *Parent and school partnerships*. Dallas ISD Parent Symposium, Dallas Independent School District, Dallas, TX.

Meyer, A.V. & Chen, J. (2020, October). *Report writing: moving from initial impressions to conceptualization*. Dallas Children's Advocacy Center, Dallas, TX.

Meyer, A.V. (2018, November). *Function-based behavior intervention strategies*. Continuing Education Workshop for Dallas Independent School District's Psychological and Social Services Department. Dallas, TX.

Meyer, A.V. (2018, February). *Strategies for children with behavior problems*. Parent training workshop for Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, October). *Best Practices in behavior consultation and collaboration*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, October). *Assessment of culturally and linguistically diverse students*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, September). *School Wide - PBIS for LSSPs & social emotional learning counselors*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, August). *Responding to student needs through response to intervention*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, August). *Responding to student needs through response to intervention*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, August). *RISD Bilingual evaluation process and guidelines for using the C-LIM*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, August). *RISD Positive Approaches to Student Success (PASS) Program for general education staff*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, July). *What's in an FIE for me?* Richardson ISD 2017 Growth Conference. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2017, January). *Applied behavior analysis and the LSSP*. Graduate student symposium for Texas A&M University-Commerce School Psychology Program. Commerce, TX.

Meyer, A.V. (2016, August). *Behavior support strategies*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2016, August). *FIE essentials for new evaluators*. Richardson Independent School District. Richardson, TX.

Meyer, A.V. (2011, March). *Data collection methods for educators*. Royse City Independent School District. Royse City, TX.

HONORS/AWARDS

2018-2019 Texas Tech University Owen & Shirley Caskey Scholarship Recipient
 2019 Texas Association of School Psychologists (TASP) Graduate Student Scholarship

SERVICE ACTIVITIES

Committee Member - NASP Equity, Diversity, and Inclusion (EDI) Task Force	2019-2021
Committee Member - TxA BA Equity Diversity, and Inclusivity for Everyone (EDIE)	2020-2021
Committee Member- TASP Social Justice Committee	2022-Present
Committee Member- NASP Social Justice Committee	2023-Present
Editorial Board Member- School Psychology Training and Pedagogy Journal	2023-Present
Member- East Texas A&M University- Institutional Review Board (IRB)	2024-Present
Editorial Board Member – Journal of Mental Health in Rural Schools	2024-Present
Board Member - Texas Association of School Psychologists: Newsletter Editor/Chair	2024-Present

MEMBERSHIPS

Association for Behavior Analysis International (ABA)
 National Association of School Psychologists (NASP)
 Texas Association of School Psychologists (TASP)
 American Psychological Association (APA):
 APA Division 16, School Psychology
 APA Division 25, Behavior Analysis
 APA Division 56, Trauma Psychology