



August 2026

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**Academic Department:** Health and Human Performance

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#### EDUCATION

|        |      |                                                                                                                                                                  |
|--------|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DrPH   | 2025 | University of Alabama, Birmingham<br><i>Track:</i> Maternal and Child Health & Policy                                                                            |
| MPH/MA | 2018 | University of California, Los Angeles<br><i>Tracks:</i> Community Health Sciences / African Studies<br><i>Graduate Certificates:</i> Global Health, Food Studies |
| BA     | 2014 | University of Massachusetts, Boston<br><i>Majors:</i> Psychology, History                                                                                        |

#### TEACHING EXPERIENCE

***Department of Health and Human Promotion, East Texas A&M University***

**Instructor, Undergraduate Courses – Public Health Concentration**

- **HHPH 385:** Current Issues in Health, Fall 2026 (online)

***School of Public Health, University of Alabama at Birmingham***

**Primary Instructor, Undergraduate Courses – Global Health Concentration**

- **PUH 202:** Introduction to Global Health, Summer 2022 (online), Summer 2023 (online).
- **PUH 432:** Global Health Cases, Spring 2022 (online), Spring 2023 (online).

**Teaching Assistant, Undergraduate Courses – Global Health Concentration**

- **PUH 202:** Introduction to Global Health, Spring 2024 (in-person).
- **PUH 432:** Global Health Cases, Fall 2022 (In-person).

#### **Teaching Assistant, Graduate Courses**

- **GHS 601:** Global Health Partnerships and Development, Fall 2021 (online).
- **HPO 628:** Qualitative and Mixed Methods Research in Public Health, Fall 2023 (online/in-person).
- **HPO 632:** Leadership in Maternal Child Health, Fall 2023 (online).

#### **College of Arts and Sciences, University of California Los Angeles**

##### **Teaching Assistant, Undergraduate Courses**

- **INTL DV 110:** Economic Development & Culture Change, Summer 2016 Session A (in-person), Summer 2016 Session C (in-person).
- **PS 139:** Civil Wars & Ethnic Conflicts of the Middle East, Spring 2016 (in-person).

#### **INVITED LECTURES & PRESENTATIONS**

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| <b>06/2026</b> | <i>Panelist</i> , “The Invisible Weight: Maternal Mental Health, Community Support & the Village That Heals.” <b>The Heart Next Door</b> . Virtual presentation. Delivered 05/26/2026.                                                                                         |
| <b>11/2025</b> | <i>Guest Lecturer</i> , “Postpartum African-Born Women Perceptions, Experiences, and Recommendations For Culturally Informed Perinatal Mental Health Support in the United States.” <b>Geisinger Commonwealth School of Medicine</b> . Virtual Presentation. 11/24/25.         |
| <b>08/2025</b> | <i>Presenter/Panelist</i> , “Exploring Current Research in Local & Global Maternal and Child Health.” <b>MCH Student Association at the University of Alabama at Birmingham</b> Virtual presentation. Delivered 8/2/2025.                                                      |
| <b>3/2025</b>  | <i>Judge</i> , “2025 Global Health Case Competition: Prevention of Road Traffic Injuries in High and Low-Capacity States of India.” <b>Sparkman Center of Global Health, University of Alabama at Birmingham</b> . In-person. Attended 3/8/25.                                 |
| <b>02/2025</b> | <i>Presenter</i> , “Predictor Determinants and Outcomes of Perinatal Depression Among Black Foreign-Born Women of Reproductive Age in the United States” (Abstract ID# 832) <b>Consortium of Universities for Global Health 2025</b> , Poster Presentation. Delivered 2/21/25. |
| <b>04/2024</b> | <i>Presenter</i> , “Female Genital Cutting: A Global and Reproductive Health Issue.” In-person Lecture. <b>School of Public Health, University of Alabama at Birmingham</b> . Delivered 4/4/2024.                                                                              |

- 03/2024** *Presenter*, “A 5-step process for recruitment of participants in social media interventions: Lessons learned from a pilot digital campaign in West Africa” (Abstract ID# 253) **Consortium of Universities for Global Health 2024**, Poster Presentation. Delivered 3/8/24.
- 02/2024** *Panelist*, “Black Maternal Health Panel” Hosted by Black Undergraduate Medical Association and Minority Association of Pre-Health Students at **University of Alabama at Birmingham**. Delivered 2/28/24.
- 11/2023** *Presenter*, “Push and pull factors affecting medical doctor brain drain from Nigeria to the United States,” (Abstract ID# 524523) **American Public Health Association 2023**, Oral Presentation. Delivered 11/15/23.
- 07/2023** *Guest Lecturer*, “Teamwork and Partnerships in Global Health Practice,” GH 100: Global Health and Development. Undergraduate. **School of Public Health, University of California, Los Angeles**, Virtual Presentation. Delivered 7/19/23.
- 11/2022** *Presenter*, “California Pathways into Public Health Mentorship Program: A model for sustaining a diverse public health workforce,” **American Public Health Association 2022**, Delivered 11/8/22. Poster Presentation.
- 01/2022** *Co-Presenter*, “Keen Eyes: Trachoma Prevention Program for Maasai Community,” **University of Alabama Birmingham Global Case Competition**, Virtual Presentation. Delivered 1/29/22.
- 08/2021 – 08/2021** *Presenter*, 10 Essential Public Health Services, **CDPH California Pathways into Public Health Initiative (Cal-PPH)**. Orientation, Delivered 8/27/21.
- 04/2021 – 08/2022** *Facilitator*, Vaccine Communication, **California Virtual Training Academy +**
- 03/2021 – 12/2021** *Facilitator*, Presenter. School Specialist, **California Virtual Training Academy +**
- 03/2021 – 08/2022** *Facilitator*, Cultural Humility, **California Virtual Training Academy**
- 02/2021 – 08/2022** *Facilitator*, Case Investigation and Contact Tracing, **California Virtual Training Academy +**

**02/2021 – 03/2021** *Facilitator, Risk Communication. California Virtual Training Academy +*

**PROFESSIONAL DEVELOPMENT & ADDITIONAL CERTIFICATIONS**

*Instructor Trainings, Center for Teaching and Learning, University of Alabama at Birmingham*

**10/2022 – 04/2023**

*Teaching Writing: Providing Writing Feedback to Non-Native Speakers of English*

*Teaching Effectiveness: Using Zoom in Face-to-face Classes*

*Teaching Effectiveness: How Students Learn*

*Teaching Effectiveness: Using Video in Your Classes*

*Teaching Effectiveness: Using Discussions in Face-to-face Classes*

*Teaching Effectiveness: Asking Questions*

*Teaching Effectiveness: Engaging Presentations for Face-to-face Classes*

*Accessibility: Creating Documents and Presentations*

*Global Awareness: Exploring UAB International Student Backgrounds*

*Global Awareness: Unconscious Bias*

*Global Awareness: Supporting the Development of Critical Thinking Skills*

*Global Awareness: Managing Group Work with Cross-cultural Savvy*

*Global Awareness: Safe Zone*

*Public Health Law Trainings, CDC TRAIN Learning Network, CDC/Public Health Law Fellowship*

**09/2023 – 12/2023** *Public Health Law: Past and Present*

*Preemption and Public Health*

*Introduction to Legal Epidemiology*

*Introduction to Legal Mapping*

*Mental Health Advocate, UAB Student Counseling Services, University of Alabama at Birmingham*

**11/2021** *Question, Persuade, Refer (QPR) Suicide Prevention*

**HONORS & AWARDS**

**03/2023** *Recipient, Global Health Foreign Travel Award, Sparkman Center for Global Health, UAB*

**05/2017** *Recipient, Conrad N. Hilton Global Summer Scholars, UCLA*

**05/2017** *Recipient, Drabkin-Neumann Internship in Global Health, UCLA*

**PROFESSIONAL AFFILIATIONS**

*Consortium of Universities for Global Health (2024 – Present)*

*American Public Health Association (2022 – Present)*

African Studies Association (2015 – Present)  
Golden Key International Honour Society (2014 – Present)

**LANGUAGES**

English (Native).

French (Intermediate).