



Curriculum Vita December 2025

Instructor: Misty Ely, EdD, LCSW, MHPS, PSS; Adjunct

Academic Department: Social Work

University Address: Social Work
East Texas A&M University
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Commerce, TX 75429-3011

Office Phone:

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Faculty Web Page Address: (if applicable)

EDUCATION

Doctorate in Education | Liberty University 2022

Focus: Community Counseling: Traumatology

Masters of Science in Social Work – | The University of Southern California 2014

Focus: Mental Health & Veteran Social Work

Master of Arts- | Northcentral University 2007

Focus: Behavioral Medicine/Health Psychology

Bachelor of Science-Social Psychology | Park University 2005

Focus: Social Psychology

TEACHING EXPERIENCE

2021-Present: **Adjunct Instructor (also one year as an Ad Interim Instructor), ETAMU**

I have taught as an Adjunct professor for the last four years at ETAMU for their graduate Social Work program. My classes include Human Development Birth through Adolescence, Generalist Practice with Individuals and Families, Clinical Practice in Mental Health (DSM-5TR class), and Field Liaison for practicum students. My classes are hybrid where the course material is online with weekly or bi-weekly Zoom classes for lectures and additional clarification. I create my own lesson plans, course content, evaluations, and discussions. I interact with each student through the online platform to ensure they are receiving true 'social work' interaction and collaboration. Currently I am a full-time Ad Interim Professor until May 2025.

2019- Present: Owner, The Compass Initiative, LLC

The Compass Initiative grew out of the belief that we all lose our way sometimes. Taking the wrong course could in fact lead you to a greater purpose in life and most importantly you have the power to change direction yourself. You are your compass. You are choosing your path, forging your freedom, empowering your cause, and living fully the way you deserve. My vision is to inspire through innovative education the full potential of each person and their dreams. My mission is to create a learning atmosphere valuing lived experience, collaboration, self-awareness, and communication to nurture the human spirit. I contract with local agencies to develop training materials, teach, conduct mental health assessments, and evaluations for Veterans in their care. I collaborate with local agencies to further research into the areas of veteran mental health as well as first responders. I am a certified training entity for the state of Texas through the Texas Certification Board (TCB) to provide training that certifies Mental Health Peer Specialists as well as Peer Specialist Supervisors. Both certifications I currently hold as well. I am a Continuing Education Provider for TCB as well. I provide community outreach, training and education throughout the state of Texas.

PUBLICATIONS

Dissertation: Liberty University 8/9/2022

Evaluating the Use of Poetry to Reduce the Signs of Depression, Anxiety, and Stress in Veterans

"Evaluating the Use of Poetry to Reduce the Signs of Depression, Anxiety" by Misty Pearl Ely

Book: Pearls of Wisdom, Love, Loss, and Liberty 2020

Pearls of Wisdom: Love, Loss, and Liberty by Misty Ely | BookBaby Bookshop

RESEARCH GRANTS AND AWARDS

NA