



Curriculum Vita December 2025

Instructor: Kaylie Campbell, Nutrition Program Coordinator and Instructor
Academic Department: Health and Human Performance

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EDUCATION

M.S in Exercise and Sports Nutrition
Texas Woman's University, 2019

B.S. in Dietetics
Nicholls State University, 2016

PROFESSIONAL/CLINICAL EXPERIENCE

2019-Present, Performance Dietitian, East Texas A&M University

2025, Registered Dietitian, Nourish

2020-2021, Consultant Dietitian, Abshire Dietary Consultants

2019-2020, Registered Dietitian, Forever Fit

TEACHING EXPERIENCE

2021-Present, Instructor, East Texas A&M University
HHPH 331 – Nutrition
HHPH 330 – Sport Nutrition

HHPH 333 – Nutrition for Health and Fitness
HHPH 310 – Community Nutrition
HHPH 334 – Nutrition Through the Life Cycle
HHPH 335 – Women’s Nutrition
HHPH 336 – Nutritional Physiology
HHPH 339 – Food and Culture
HHPH 220 – Mental Health Promotion
HHPH 1364 - Substance Use & Abuse
HHPH 1304 - Intro to Personal and Community Health
HHPH 210 – Environmental Health
HHPH 250 – Consumer Health
HHPH 362 – Survey of Human Diseases
HHPH 495 – Internship and Seminar in Health Promotion
HHPS 110 – Principles of Leadership in Sport & Recreation
HHPK 1301 – Foundations of Kinesiology

2020-2021, Adjunct Instructor, East Texas A&M University
HHPH 331 - Nutrition

PUBLICATIONS

CERTIFICATIONS & PROFESSIONAL MEMBERSHIPS

2018-Present	Registered Dietitian Nutritionist
2018-Present	Licensed Dietitian in the State of Texas
2022-Present	Certified Specialist in Sports Dietetics
Present	Experienced Member of American Sports and Performance Dietitians Association

RESEARCH GRANTS AND AWARDS

2024, Health and Human Performance Dr. Henry Ross Lion Hearted Award