



## Curriculum Vita 2025

**Instructor: Rachel Aumann, MSW, MPH**

**Academic Department:** Health & Human Performance (HHP)

**University Address:** HHP  
Nursing and Health Sciences Bldg  
East Texas A&M University  
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Commerce, TX 75429-3011

**University Email Address:** [rachel.aumann@etamu.edu](mailto:rachel.aumann@etamu.edu)

### EDUCATION

Master of Public Health (MPH)-University of California, Davis (2012)

Master of Social Welfare (MSW)-University of California, Berkeley (2009)

Bachelor of Arts, Psychology & Social Behavior-University of California, Irvine (2006)

### TEACHING EXPERIENCE

*2025, Clinical Instructor, CID, East Texas A&M University*

**Course Taught:** The Human Experience (Identify, Meaning & Purpose)

*2024-2025, Clinical Instructor, Investing in Us, East Texas A&M University*

**Courses Taught:** Stress Management & Us, Holiday Stress Management & Us

*2023 - Current, Clinical Instructor, Health & Human Performance, East Texas A&M University*

**Courses Taught:** Introduction to Personal & Community Health, Substance Use & Abuse, Environmental Health, Foundations of Mental Health Promotion, Consumer Health, Health & Healthcare Disparities, Stress Management & Prevention, Health Policy, Advanced Practice Experience (Internship)

*2018-2019, Assistant Dean of Students, Dean of Students/ResEd, Stanford University*

**Course Taught:** Resident Assistant, Spring Semester

*2007-2008, Graduate Teaching Assistant, Psychology, University of California, Berkeley*

**Course Taught:** Social Psychology